

# GI PHYSICIANS, INC.

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## Sigmoidoscopy Instructions

**PURCHASE AT THE PHARMACY** 1 fleets enemia.

**ONE WEEK PRIOR TO THE PROCEDURE:** Do not take iron pills, vitamins with iron, or medications that can cause bleeding. These include: Aspirin, Coumadin/Warfarin, Plavix/Clopidogrel, Eliquis, Pradaxa, Savaysa, Effient, Xarelto, Percodan, Pletal, and Alka Seltzer. You must also stop anti-inflammatory type drugs including: Vioxx, Celebrex, Bextra, Empirin, Bufferin, Ascription, Ibuprofin, Motrin, Indocin, Diclofenac/Voltaren, Ticlid, Persantine, St John Wart and Garlic pills. *Tylenol and other brands which contain acetaminophen are safe to use prior to this procedure.*

### ONE DAY BEFORE THE PROCEDURE

You may take your insulin.

### DAY OF THE PROCEDURE

**GIVE YOURSELF THE FLEETS ENIMIA 1 HOUR BEFORE COMING IN TO THE PROCEDURE**

### NO EATING OR DRINKING AFTER MIDNIGHT

Please bring a detailed list of medications including name of medication, dosage and frequency with you.

No smoking the day of your procedure.

Please bring a copy of your insurance card and drivers license with you.

Please leave all jewelry at home.

Someone will need to be with you to drive you home afterwards. This person needs to be an adult that is willing to sign for your release. They should plan on being at the facility from the time you arrive until you are released. Your procedure can not start if they are not present.

DATE: \_\_\_\_\_

ARRIVAL TIME: \_\_\_\_\_ PROCEDURE TIME: \_\_\_\_\_

\_\_\_\_ St. Rita's Medical Center  
2<sup>nd</sup> floor Outpatient  
Pre-register: 419-226-9660

\_\_\_\_ Lima Memorial Hospital  
1<sup>ST</sup> Floor  
Pre-register: 419-998-4607

\_\_\_\_ Case, LLC  
512 N Cable Rd  
Lima Oh 45805

\*\*\*\*\*I have received, read and understand the above instructions.\*\*\*\*\*

SIGN \_\_\_\_\_

DATE \_\_\_\_\_